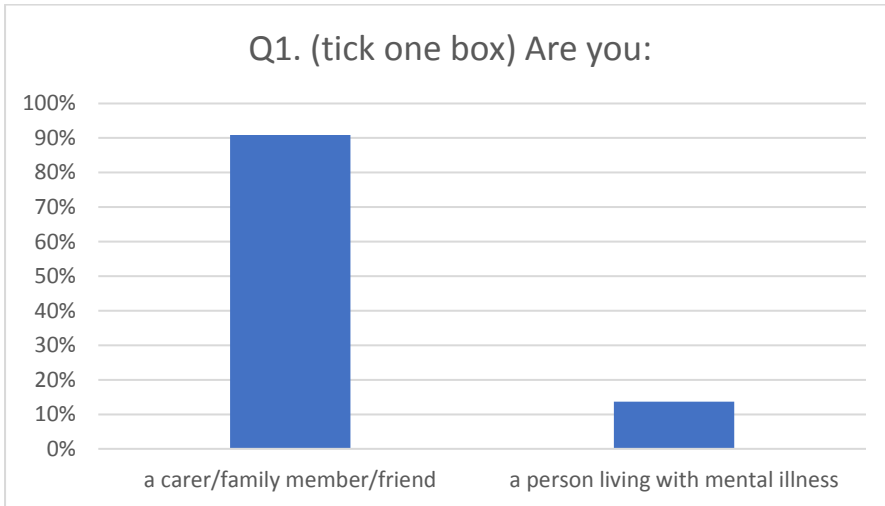
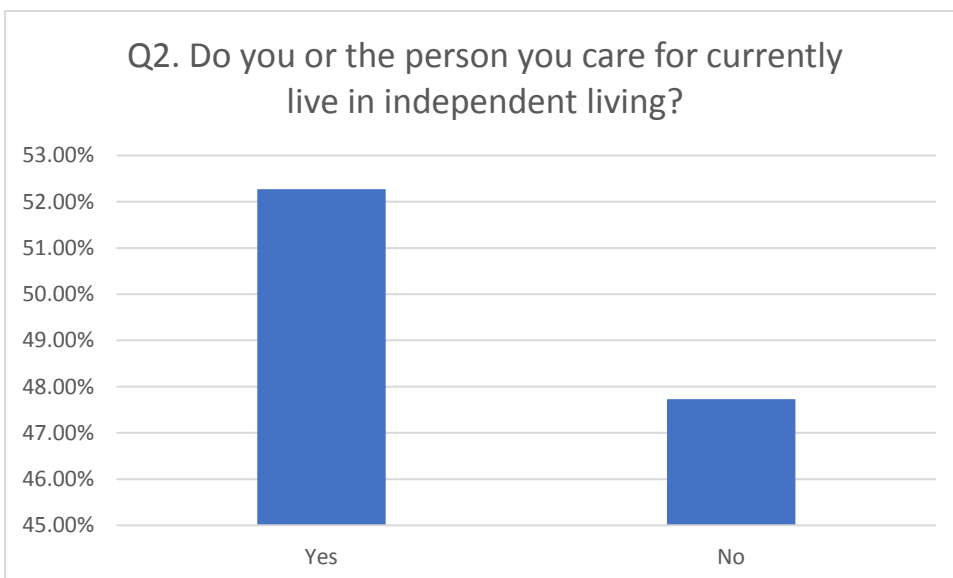


Summary of results of a survey conducted in early 2019 by Carers ACT for MyHome in Canberra

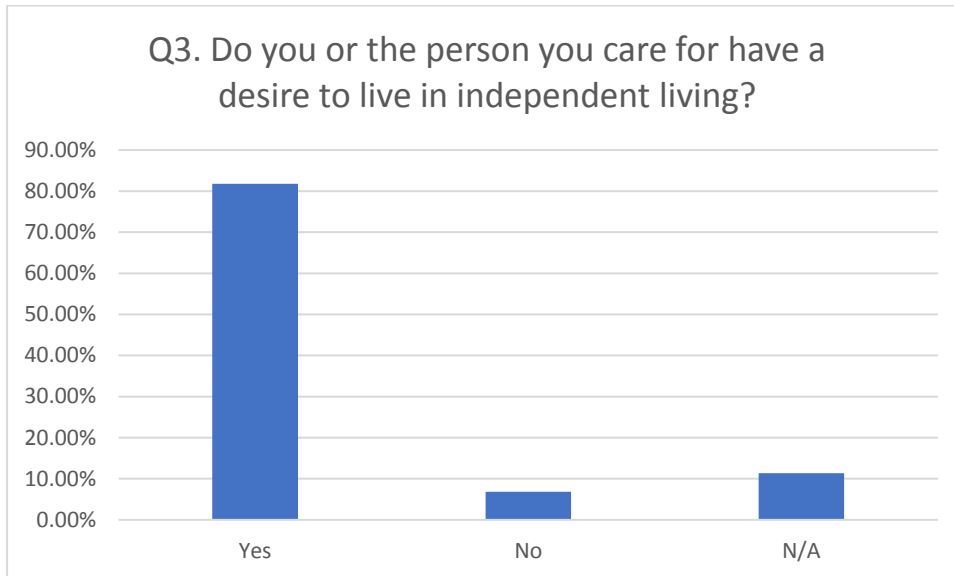
*This survey was intended to contribute to assessing the demand in Canberra
for accommodation as proposed by MyHome*



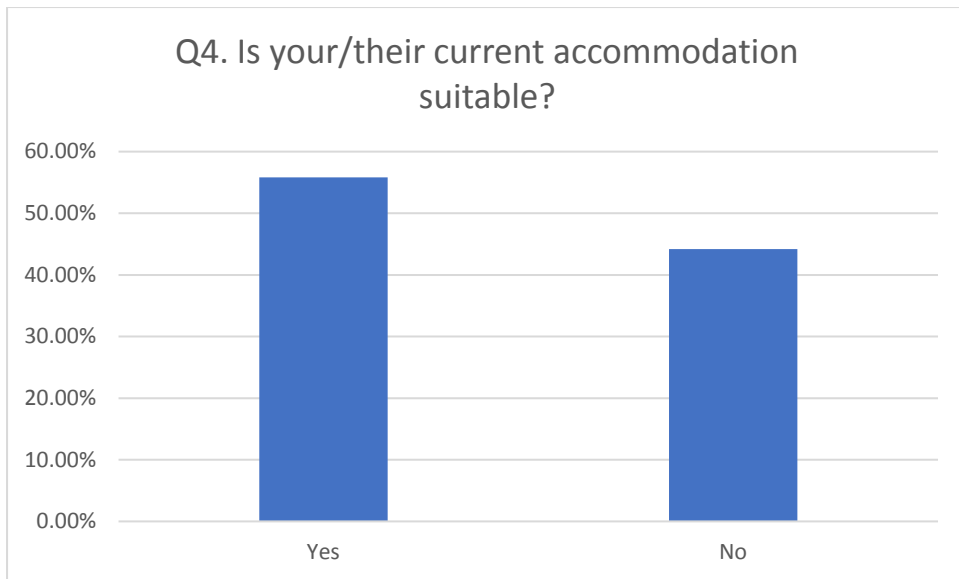
Q1. (tick one box) Are you:		
Answer Choices	Response Percent	Responses
a carer/family member/friend	90.91%	40
a person living with mental illness	13.64%	6
	Answered	44
	Skipped	0



Q2. Do you or the person you care for currently live in independent living?		
Answer Choices	Response Percent	Responses
Yes	52.27%	23
No	47.73%	21
	Answered	44
	Skipped	0



Q3. Do you or the person you care for have a desire to live in independent living?		
Answer Choices	Response Percent	Responses
Yes	81.82%	36
No	6.82%	3
N/A	11.36%	5
	Answered	44
	Skipped	0

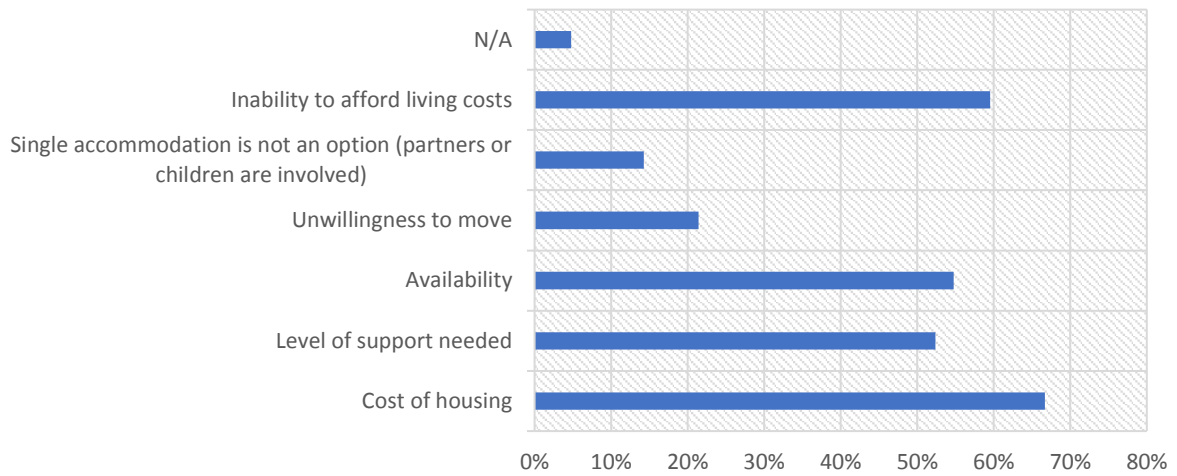


Q4. Is your/their current accommodation suitable?		
Answer Choices	Response Percent	Responses
Yes	55.81%	24
No	44.19%	19
If you answered no why?		23
	Answered	43
	Skipped	1

Responses to Q4: if you answered no, why?

Consumer Responses
Neighbours too noisy sometimes it sounds like an orgy. Or screams! Yet when I sleep I wake up annoyed even if I have a garden. No interaction of community even though I go out to socialise.
Living with family, would prefer autonomy and independence of own space but cannot afford to return to the private rental market.
Carer Responses
Current arrangements are not a long term option as we age and become unwell ourselves. Current situation is becoming increasingly stressful.
The laundry is shared and the machine doesn't work.
Not suitable long term as a need for increased independence but concern about level of support once leave family home.
I have no place of my own. Because of ill health, I had to sell my home three years ago. I've since had seven major operations. My rental situation is that I share a cramped 3 br house, while I am waiting for a government Aged unit. [Seven months so far.] The house owner is consistently verbally abusive.
But only short term. Alternative accommodation needs to be organised for the longer term.
Sharing with a sibling with severe multiple disabilities
Currently sharing a rental property with aged parents, needs own kitchen etc and place to engage with friends.
It is too far out of town for him and no electricity
Very difficult for other family members to try and live a normal life as well as effected person and have any independence Extream pressure in everyone Help!!!!
Inability to pay mortgage and utilities. Not able to clean and maintain accommodation
We live government housing which has two bedrooms. When we were allocated this welling we were told when a three bedrooms came available we would be moved so if I needed respite overnight I wouldn't need to leave as a respite can;t be expect to sleep on the lounge, that was nine years ago and we are still waiting
yes at the moment but in the past it has been pretty awful
They live with me, which is not independence, and does not allow me to build a life of my own.
She needs to be independent.
My sister in law is currently residing in the Dementia ward of an aged care facility - she does not have Dementia - she has schizophrenia and is disabled. The treatment of her is poor and it has caused her great distress, especially when other residents wander in her room to yell at her and hit her and she is defenseless - only has the use of her right hand and only a small range at that and the other residents walk in and are on her left.
There is no social or community access with peers
But do need a frame around stairs into front of house as he gets shaky due to meds but unable to fix due to no money for that
Oaks Estate is in disrepair and apparently about to be demolished.
My brother who I have guardianship for was moved out of Brian Hennessy House because he became quite unwell and the facilities there no longer fit his needs. Currently in Older Persons Mental Health Unit at Calvery. Have been asked to find residential aged care however he is only 64 and we are not sure if these facilities can cope with his complex mental health needs.
Isolated - hard to pay market rent and manage pharmacy bills. Poverty from his illness makes it harder to be engaged.
Carer stress - carer has left the home due to squalor and hoarding issues.

Q5. What are the main barriers to obtaining suitable accommodation?

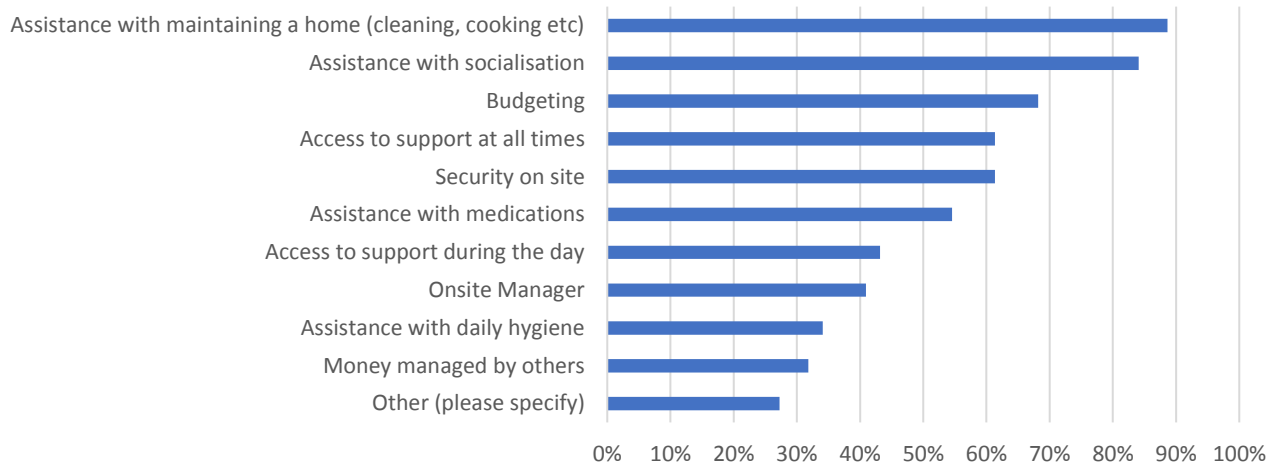


Q5. What are the main barriers to obtaining suitable accommodation?		
Answer Choices	Response Percent	Responses
Cost of housing	66.67%	28
Level of support needed	52.38%	22
Availability	54.76%	23
Unwillingness to move	21.43%	9
Single accommodation is not an option (partners or children are involved)	14.29%	6
Inability to afford living costs	59.52%	25
N/A	4.76%	2
Other (please specify)		10
	Answered	42
	Skipped	2

Responses to Question 5: Other

Consumers and Carers
Ability to maintain a job.
Consumer Responses
I got a dog he enjoys garden yet I can't afford a dog trainer but he is a good companion and for holidays I need help transportation him to a hotel sometimes for example for breaks.
Judgement of lessors/real estate agents if applicant is not working. Other prospective tenants given immediate priority.
Carer Responses
Consumer is comfortable with current situation, but has no insight into the future difficulties without our support.
My daughter is unable to do house work or order her belongings due to her illness so without services such as I provide she would not manage
Mental illness that involve personality disorders are trigger and affected by the environment so living with others experiencing mental illness and having episodes affects them and their own mental health. It's complex I think therapeutic based accommodation models are imperative
Ridiculously long waiting lists at housing ACT.
Don't get enough in cares payment to cover extras for making house safe
risk of loneliness, lack of supervision of medication (overdose risk)
physical limitations

Q6. What supports do you think are critical to help maintain a tenancy?

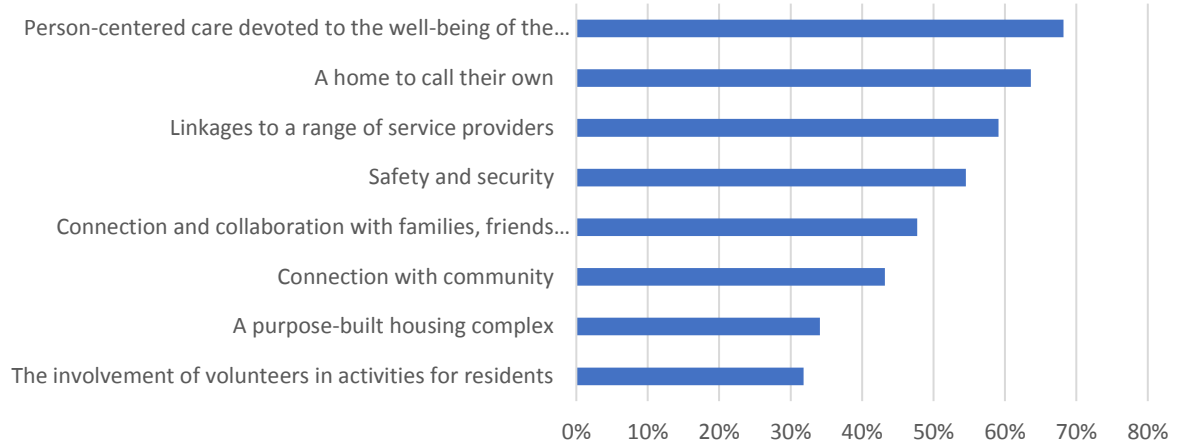


Q6. What supports do you think are critical to help maintain a tenancy?		
Answer Choices	Response Percent	Responses
Budgeting	68.18%	30
Money managed by others	31.82%	14
Assistance with daily hygiene	34.09%	15
Assistance with medications	54.55%	24
Assistance with socialisation	84.09%	37
Assistance with maintaining a home (cleaning, cooking etc)	88.64%	39
Security on site	61.36%	27
Access to support during the day	43.18%	19
Access to support at all times	61.36%	27
Onsite Manager	40.91%	18
Other (please specify)	27.27%	12
	Answered	44
	Skipped	0

Responses to Question 6: Other (please specify)

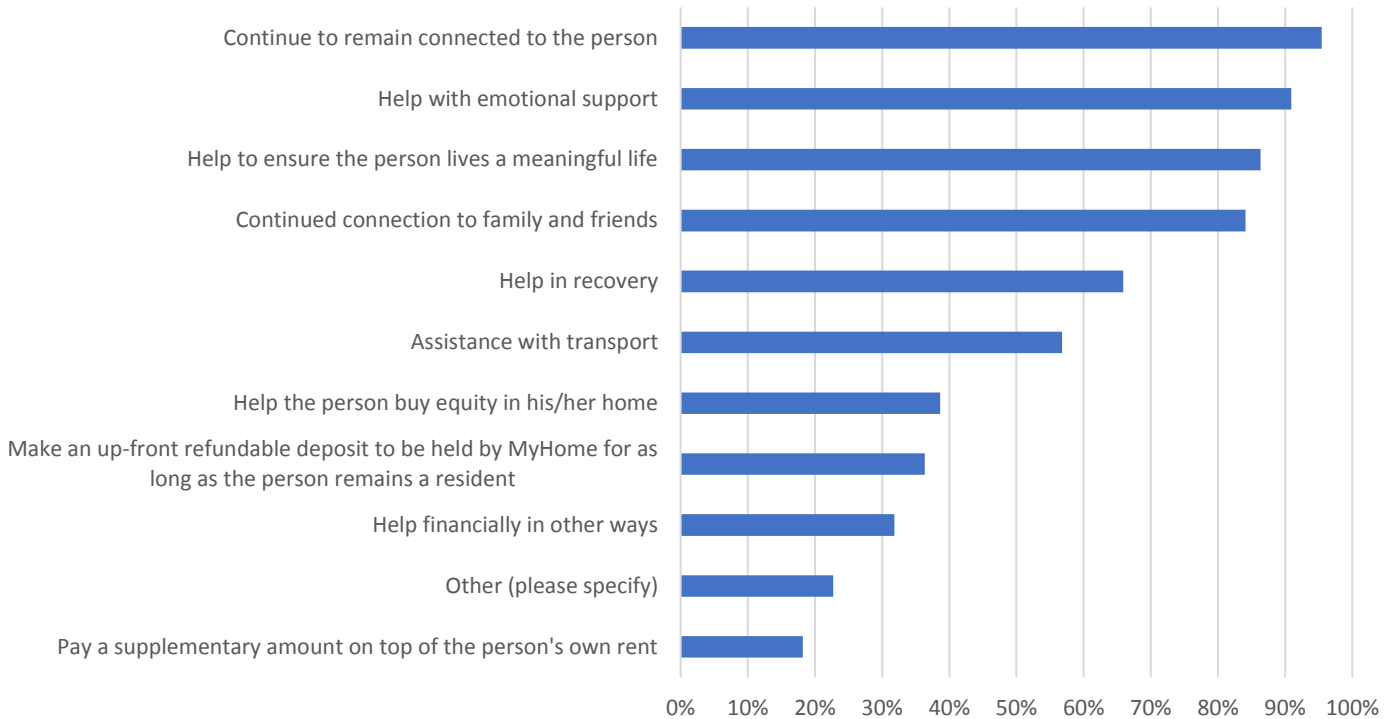
Consumer and Carer Responses
Ability to work to pay rent.
Consumer Responses
Out of pocket expenses limited - fridge/washing machine provided. As someone living with Bipolar, financial support to safeguard/manage money may be of benefit.
Carer Responses
Assistance with practical issues, eg car maintenance, healthcare, keeping commitments.
My answers cover people with a severe mental illness GENERALLY but currently don't all apply to my daughter who has a severe mental illness even though at times many of them have applied.
The tricky balance is providing all this without taking away self advocacy because that is the most valuable asset to my daughter
It depends who its for. Senior aged carer, or younger aged caree
Daily interactions .. support programs...
Assistance with distress tolerance skills. How to maintain your own mental health when others around you are unwell. Not seeing yourself as your mental illness. How to have acceptance of yourself AND change and learn new coping skills. Understanding your diagnosis and what it means for you
The right to remain autonomous and be able to run their life as they see fit, so long as it doesn't negatively affect the lives of others around them.
Just maintenance on our house
Everyones person centered needs
Access to suitable, affordable housing

Q7. What two aspects of the MyHome model as described above are most appealing to you?



Q7. What two aspects of the MyHome model as described above are most appealing to you?		
Answer Choices	Response Percent	Responses
A purpose-built housing complex	34.09%	15
A home to call their own	63.64%	28
Safety and security	54.55%	24
The involvement of volunteers in activities for residents	31.82%	14
Person-centered care devoted to the well-being of the the person	68.18%	30
Linkages to a range of service providers	59.09%	26
Connection and collaboration with families, friends and carers	47.73%	21
Connection with community	43.18%	19
	Answered	44
	Skipped	0

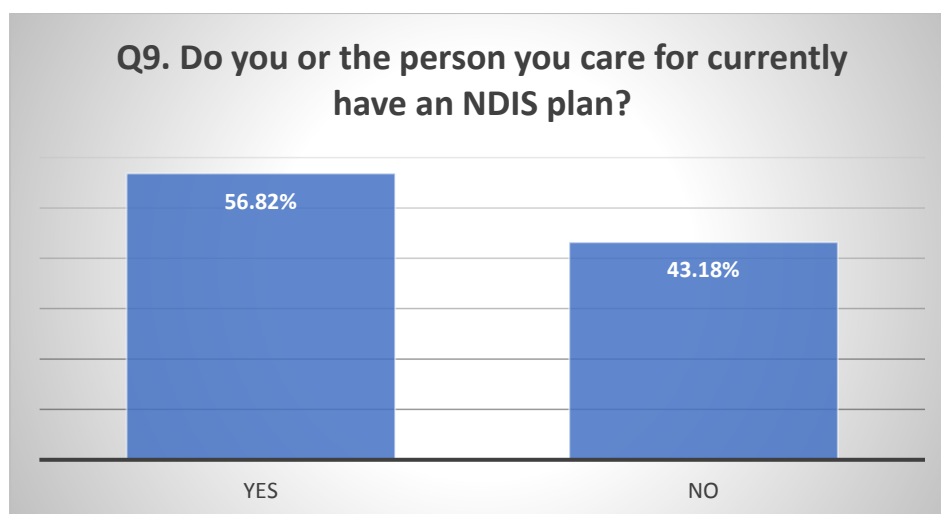
Q8. If the person you care for was living in MyHome, what, if any, support are you willing to provide?



Q8. If the person you care for was living in MyHome, what, if any, support are you willing to provide?		
Answer Choices	Response Percent	Responses
Pay a supplementary amount on top of the person's own rent	18.18%	8
Make an up-front refundable deposit to be held by MyHome for as long as the person remains a resident	36.36%	16
Help the person buy equity in his/her home	38.64%	17
Help financially in other ways	31.82%	14
Help with emotional support	90.91%	40
Continue to remain connected to the person	95.45%	42
Help to ensure the person lives a meaningful life	86.36%	38
Continued connection to family and friends	84.09%	37
Help in recovery	65.91%	29
Assistance with transport	56.82%	25
Other (please specify)	22.73%	10
	Answered	44
	Skipped	0

Responses under Question 8: Other (please specify)

Consumer and Carer Responses
Willing to assist in any way.
Carer Responses
My daughter has recently been offered low rental accommodation in community housing.
Hard to consider finances without more details
Unfortunately as I too rely on a pension for my income, I have no spare money to assist with housing of my daughter. [She has been in a gov. 2 br unit for over 10 years.]
Make sure there is people around to support him
If required provide advocacy and assistance with NDIA and mental health organisations
Assist the person to negotiate an advance care plan, and check that they are receiving adequate medical care.
My brother has an NDIS package which will help with some aspects of costs. Is on a disability pension.
My son has some inheritance money to live on his own with a Christian Carer suitably chosen by Disability Trust and caring approach this would need to be consented first by Legal Representative and James natraul mother



Q9. Do you or the person you care for currently have an NDIS plan?		
Answer Choices	Response Percent	Responses
Yes	56.82%	25
No	43.18%	19
	Answered	44
	Skipped	0